



Working to Reduce Poverty in America.



Ending poverty, promoting justice and restoring dignity.



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- ✓ The webinar is being recorded and will be available on the website in the 'members only' portal.
- ✓ A recording of the webinar and PDF slides will be sent to your email in 1-3 days.
- ✓ Your phone lines and computer speakers are muted.
- ✓ We will have time for Q & A at the end.
- ✓ Use the "Questions" box for your questions.



Faith Community Nursing

*Deborah Meiklejohn, MNsc, RN
Faith Community Nurse Educator*



A Calling

- Theology Institute at DOLR
- Future Goals
- Talked with my Priest about Parish Nursing
- 2016 Established a Faith and Health Ministry at Our Lady of Good Counsel, Little Rock, AR
- October 2016, Faith Community Nursing Foundations Course, by the Westberg Institute at the Archdiocese of Oklahoma City
- 2019 Started working with Catholic Charities and CHI St. Vincent.



Initial Committee Members

Sheryl Banak, MSN, RN
Carlita Baquial, RN (Retired)
Janet Breen, LPC
Helen Evans, RN (Retired)
Lilian Felicitas, BSBA
Peter Goulden, MD, FRCP
Diane Hanley, OTR/L
Bernadette Lange, MD
Carla LaMay, LCSW
Anne Mancino, MD
Deborah Meiklejohn, MNSc, RN
Vicki Stefans, MD
Patricia Thompson, PhD, RN



Mission Statement

Work to promote health with an emphasis on the spiritual component where an individual's awareness of God's love and care enhances healing and lessen isolation and loneliness (CC, OKC).



Goals

Care of the sick and frail by meeting physical, spiritual, mental and social needs.

Visits both during and after hospitalization as requested.

Promotion of healthy lifestyles through wellness education.

Support spiritual, social and emotional needs – prayer, support groups.

Assistance accessing healthcare services and resources.



What is Faith Community Nursing (FCN)?

- AKA parish nursing or church nursing.
- Earliest documentation of nursing is before Christ.
- 1970 Dr. Granger Westberg conceptualized FCN
- 1983 Piloted Parish Nursing in Tucson, AZ
- 1991 First class for FCN
- 1997 First published FCN Foundations Book
- 2019 Last revision date for FCN course



What is Faith Community Nursing (FCN)?

- 1997 Faith Community Nursing was recognized as a specialty in nursing practice by the American Nurses Association (ANA).
- 1998/2017 Scopes and Standards of Practice
- Combines professional nursing and health in a faith community.
- Spiritual aspect is the key to FCN by actively promoting wellness, wholeness and preventive health.



Faith Community Nursing Foundations Course

Gain an understanding of the theoretical knowledge necessary to begin in practice as an FCN.

- Professionalism: Various roles of the FCN in practice.
- Wholistic: Process multiple aspects of a person including spiritual, physical, social and psychological.
- Spiritual: Examine and nurture personal spiritual development.
- Community: Identify a network of continuing education and support



Roles of a Faith Community Nurse

Educator

Referral Agent

Advocate

Personal health counselor

Developer of support groups

Volunteer coordinator

Integrator of faith and health



What Can An FCN Do For Their Parish?

- Survey the congregation
- Health Fair – provide flu shots, B/P checks, blood glucose check, mammogram van, blood drive, etc.
- Walking program, fitness class, CPR classes, obtain an AED, first aid, PPE, hand sanitizer, etc.
- Support groups – locate locally or start a new support group – grief, mental illness, AA, etc.



What Can An FCN Do For Their Parish?

- Home visits – homebound, isolated and lonely
- B/P checks
- Visit those discharged from the hospital
- Schedule speakers based on congregations needs
- Younger ages provide an interactive program at Vacation Bible School or Fall Festival.

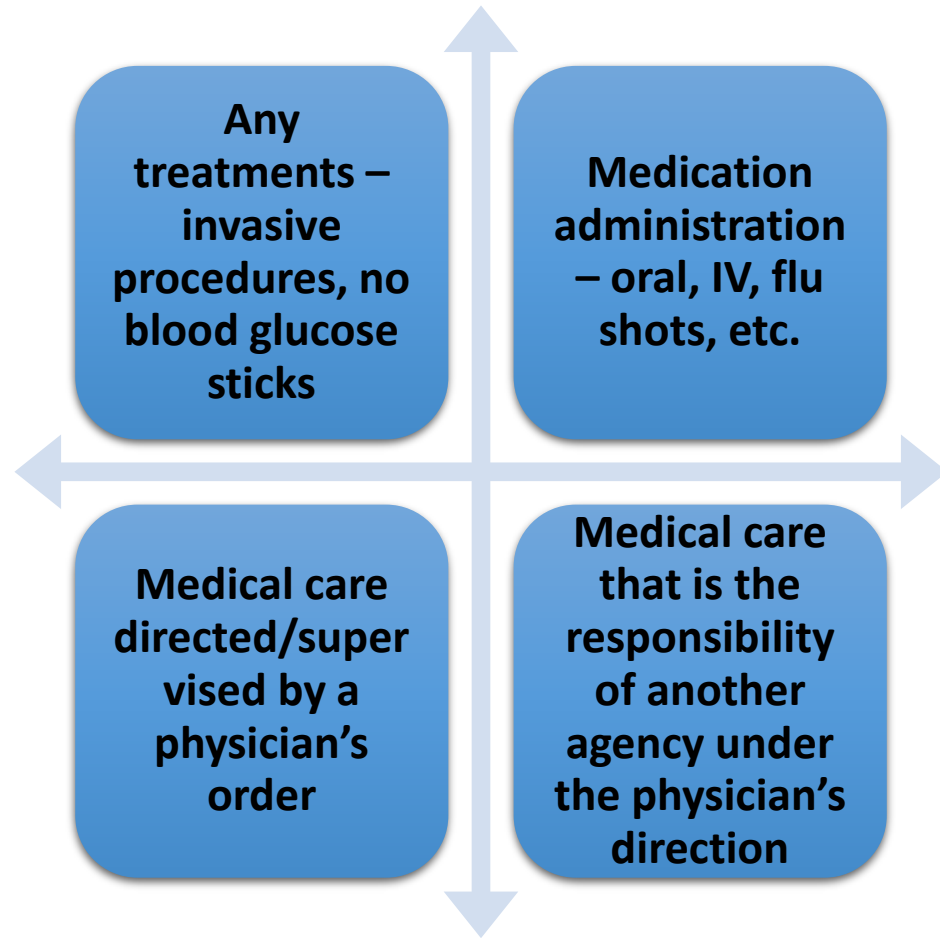


Home Visits

- Some of those we visit may be in the final stages of life, so during our visits we hope to decrease their loneliness and fears. (Reference: Prayer Card, 2017, Catholic Health Association (CHA)).
- Pope Francis said at 28th World Day of the Sick, 2020, “What is needed is a personalized approach to the sick ...in addition to therapy and support, they expect care and attention. In a word, love”. (Reference: Prayer Card, CHA)



Actions and Tasks Not Included



Collaboration with FCN Program and CHI St. Vincent

- Market Director for Mission Integration speaks on Legal and Ethical issues at FCN Foundations course.
- Flu vaccines for underserved, underinsured and homeless.
- Coronavirus vaccine clinics.
- Developing a Transitional Care Program from the hospital to home.



Collaboration Between Catholic Charities, Westside Clinic and CHI St. Vincent

- Flu vaccine clinics were provided to parishes with underserved and underinsured populations as well as homeless shelters. Vaccine and supplies were provided by Catholic Charities and CHI St. Vincent.
- Coronavirus vaccine clinics will be available at various parish locations. Vaccine and supplies will be provided by CHI St. Vincent.



Future Program with CHI St. Vincent Transitional Care Program

- CHI St. Vincent and Common Spirit are working on a transitional care program from Hospital to Home.
- CHI St. Vincent and Catholic Charities mission is to provide another option for community-based care for people as they transition from the hospital back to their homes and families.
- FCN's will follow-up to ensure that treatment plans are followed while addressing one's spiritual needs.



Transitional Care Program Goals

- Improve patient understanding and adherence to discharge instructions while addressing their spiritual needs.
- Early recognition of post hospital complications or behavior changes.
- Work with Home Health agencies who are providing post discharge care.
- Refer the patient to an outpatient setting avoiding an ER visit and hopefully decreasing hospital readmissions.



Elder Care

- The National Council on Aging states that
- 80% of older adults live with a chronic disease;
- 77% have two or more chronic diseases.
- According to the United States Census Bureau by 2030, one in five residents will be of retirement age.
- By 2035, the number of older adults will be greater than the number of children.
- The Catholic Health Association of the United States, states “Whatever can be done must be done to make it possible for the elderly-at-risk to remain self-sufficient and participating members of their community.”



Research

- Research has shown that patients show less stress and anxiety and a greater adherence to health care treatment plans when an FCN is included in the discharge process.
- Collaborative hospital-faith community partnerships address wholistic healthcare, improve discharge experience...and reduce rehospitalizations.



Funding Resources

❖ Grants Received

- Respect for Life (2)
- Catholic Charities
- Our Lady of Good Counsel
- Blue and You Foundation

❖ Educational Partnership for 5 years to teach the FCN Foundations Course. Partnership with Catholic Charities and Westberg Institute/Spiritual Care Assoc.



Resources

- Catholic Health Association, www.chausa.org
- National Association of Catholic Nurses USA, <https://nacn-usa.org>
- Nurses Month – May 2021
- Nurses Week – May 6th – 12th
- National Nurses Day, Thursday, May 6th
- Pontifical Council for Pastoral Assistance to Health Care Workers, *New Charter for Health Care Workers*, (2016), The National Catholic Bioethics Center, Philadelphia.
- *American Nurses Association*, Code of Ethics for Nurses, (2015), Silver Spring, Maryland.



Resources

- American Nurses Association, *Scope and Standards of Practice Faith Community Nursing*, 2nd Edition, (2012), Silver Spring, Maryland.
- Romagnano, Maria, *Nursing With the Hands of Jesus, A Guide to Nurses for Divine Mercy*, 6th Edition, (2019), Marian Press, Stockbridge, MA.
- Bethany Ministry, *Caring for the Sick, Homebound, and Grieving in the Parish Family*, (2018), Upper St. Clair, PA.
- Westberg Institute, *Foundations of Faith Community Nursing Curriculum*, (2019).
<https://westberginstitute.org>



Resources

- Schroepfer, Emily, (2016), *A Renewed Look at Faith Community Nursing*, *Med-Surg Nursing* 25(1), 62-66.
- Strait, Lee Ann, Fitzgerald, Elizabeth, Zurmehly, Joyce and Overcash, Janine (2019). *A Congregation Transition of Care Program*, *Journal of Christian Nursing*, 36(3), 158-165.
- Ziebarth, Deborah and Campbell, Katora (2016), *A Transitional Care Model Using Faith Community Nurses*, *Journal of Christian Nursing*, 33(2), 112-118.



Questions?

