Presenters

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CCUSA Webinar Series – Optimizing Pantry Layout and Design

✓ The webinar is being recorded.

✓ The phone lines and computer speakers are being muted.

✓ You may submit questions throughout the presentation. Q & A will take place at the end.

✓ All questions not addressed at the end will receive an email response.
Mission
The mission of UAMS is to improve the health, health care and well-being of Arkansans and of others in the region, nation and world.

Vision
By 2029, UAMS will lead Arkansas to be the healthiest state in the region through its synergies of education, clinical care, research and purposeful leadership.

Values
Integrity, Respect, Diversity and Health Equity, Teamwork, Creativity, Excellence, Safety.
We seek to identify and understand health needs through research and programs and work to create an environment where every person has access to their best health.
Our team provides expertise, guidance and hands-on training to organizations striving to offer nutritious foods. Together, we work to ensure everyone has access to healthy food.
UAMS and Catholic Charities began partnering in 2018 to provide consultations for Catholic Charities food pantries. Participating pantries spanned across the country, including Jacksonville, Florida, Omaha, Nebraska, Portland, Oregon, and Trenton, New Jersey.
CCUSA & UAMS Partnership

- Increase access to healthy foods in pantries in the CCUSA network

- Shared goal to expand “The Power of Nudges: Making the Healthy Choice the Easy Choice in Food Pantries”
Consultation Process

1. Application process
2. Pre-visit awardee call
3. One on one awardee call
4. Site visit with full day onsite consultation and pantry tours
5. Follow up report with recommendations
6. CCUSA investment for awardee pantries to implement recommendations
Before & After: Omaha

Before

After
Before & After: Trenton

Before

After
Client Choice Models
Client Choice Model: What Impacts Choice?

- Cultural Traditions
- Environment
- Budget
- Availability & Access
- Preferences
- Emotions
- Knowledge
Client Choice Model: Goals

1. Design the environment to nudge healthy choices
2. Make the healthy choice the easy choice
3. Provide nudge incentives to encourage healthy choices
Supermarket Model

• Allows clients to select foods from shelves, like in a store

• Provide shopping carts or baskets

• Food organization important—organize by food group

• Option to have “personal shoppers” who assist clients individually

• Provide healthy shopping lists
# Supermarket Model: Healthy Shopping List

<table>
<thead>
<tr>
<th>Vegetables (3-6 items)</th>
<th>Dairy (2-3 items)</th>
<th>Prepared Foods and Beverages (2-5 items)</th>
<th>Toiletries</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Vegetables</td>
<td>Milk or Milk Alternative</td>
<td>Boxed Sides (e.g. Mac &amp; Cheese)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frozen Vegetables</td>
<td>Yogurt or Cheese</td>
<td>Canned Soups</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Canned Green Beans</td>
<td>Butter or Margarine</td>
<td>Canned Pastas (e.g. Ravioli)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Canned Corn</td>
<td></td>
<td>Snack Items</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Canned Tomatoes or Tomato Sauce</td>
<td></td>
<td>Beverages</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Canned Vegetables</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fruits (3-6 items)</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Fresh Fruits</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frozen Fruits</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Canned Fruits</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dried Fruits</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Proteins (3-6 items)</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Eggs or Egg Substitute</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Frozen Meat</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Canned Fish or Meat</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Peanut Butter or Nut Butter</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dry Beans</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Canned Beans</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Grains (2-3 items)</th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Pasta (Whole Wheat or White)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rice (Brown or White) or Other Grain</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cereal or Oatmeal</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Client Name: _______________________
Date: ____________ # of adults: _____
# of children: _____

- Vegetables (3-6 items)
  - Fresh Vegetables
  - Frozen Vegetables
  - Canned Green Beans
  - Canned Corn
  - Canned Tomatoes or Tomato Sauce
  - Other Canned Vegetables

- Fruits (3-6 items)
  - Fresh Fruits
  - Frozen Fruits
  - Canned Fruits
  - Dried Fruits

- Proteins (3-6 items)
  - Eggs or Egg Substitute
  - Frozen Meat
  - Canned Fish or Meat
  - Peanut Butter or Nut Butter
  - Dry Beans
  - Canned Beans

- Grains (2-3 items)
  - Pasta (Whole Wheat or White)
  - Rice (Brown or White) or Other Grain
  - Cereal or Oatmeal

- Dairy (2-3 items)
  - Milk or Milk Alternative
  - Yogurt or Cheese
  - Butter or Margarine

- Prepared Foods and Beverages (2-5 items)
  - Boxed Sides (e.g. Mac & Cheese)
  - Canned Soups
  - Canned Pastas (e.g. Ravioli)
  - Snack Items
  - Beverages

- Toiletries

- Other
  - Baby Food/Formula/Diapers
  - Pet Food
Table Model

- Great temporary option
- Can use folding tables and/or rolling shelves
- Clients can point to items and volunteers bag them, or clients can self-bag

Photo Credit: Roxborough Church, Philadelphia, PA
Window Model

- Clients walk up to window
- Several options to make this client choice:
  - Choose from a shopping list
  - Menu/sandwich board/dry erase board
  - Point to what they want

Photo Credit: Flint Street Fellowship, Eureka Springs, AR
Drive-thru Model

- Allow clients and volunteers to maintain social distancing
- Can use drive-thru window, table, or “curbside pickup” models
- Have clients choose options from an inventory list or “menu”

Photo Credit: Loaves & Fishes Food Bank of the Ozarks, Berryville, AR
• Client choice can be introduced through inventory/shopping lists that are given to clients when they enter the pantry

• This model is easily combined with other models

• Utilize a sandwich board or dry erase board to add any extras or announce any changes to the inventory list
Online Order Form

• Great option to help maintain social distancing

• Explore Google Forms: forms.google.com

• Benefits:
  • Clients can schedule an appointment to pick up their bag
  • Allows volunteers to maintain social distancing while packing bags
  • Cuts down on wait time for clients

• Considerations:
  • How to market this to clients
  • Have to have someone checking and updating the form regularly
# Online Order Form

## Healthy Pantry Shopping List

- **Today's Date**
  - Date
  - mm/dd/yyyy

- **Client Name**
  - Your answer

- **# of Adults in Family**
  - Your answer

- **# of Children in Family**
  - Your answer

- **Have you been to the Healthy Pantry before?**
  - Yes
  - No
  - Not sure

- **Schedule Pick-up Date and Time**
  - Please pick a date and time that we are open: Monday, Wednesday, or Friday, and pick a time between 1:00 PM and 3:30 PM. You will receive email confirmation of your pick-up appointment.
  - Date
  - mm/dd/yyyy
  - Time
  - AM / PM

### Responses

1 response

<table>
<thead>
<tr>
<th>Client Name</th>
<th># of Adults in Family</th>
<th># of Children in Family</th>
<th>Have you been to the Healthy Pantry before?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Betty Cooper</td>
<td>2</td>
<td>2</td>
<td>Yes</td>
</tr>
<tr>
<td>Hal Cooper</td>
<td>7/24/2020 15:00:30</td>
<td>1</td>
<td>Yes</td>
</tr>
<tr>
<td>Hal Cooper</td>
<td>7/24/2020 15:00:30</td>
<td>1</td>
<td>Yes</td>
</tr>
</tbody>
</table>
Food Pantry Layout
Create Attractive Displays

Organize the pantry by food groups and ensure healthy items are offered in attractive and abundant displays.

Photo Credit: Our Daily Bread Pantry, Stillwater, OK

Photo Credit: University of California, Irvine Food Pantry
Create competition among other food groups by moving less healthy foods into one space to choose a set amount.
Types of Equipment
Shelving

- Rolling shelves with locking wheels have several benefits:
  - They can help with loading and unloading donations
  - Able to move around the space – great choice for those whose pantries are in shared spaces or multi-purpose rooms
  - Affordable

- Most food should be placed eye-level or below, top shelves can be used for storage

Sam's Club: [https://www.samsclub.com/p/seville-commercial-industrial-shelving-6-ct/152201?xid=plp_product_1_1](https://www.samsclub.com/p/seville-commercial-industrial-shelving-6-ct/152201?xid=plp_product_1_1)
Cold Storage

For food banks, refrigeration and keeping perishable foods cold is essential to increasing access to fresh, nutritious foods for thousands of food insecure families.”
Cold Storage

Glass top chest freezer is ideal so that clients can see what is inside without opening.

If glass top is not available, labels can be added on top with food type in that freezer (e.g. “Frozen Vegetables”).

Best Buy:

Best Buy:
https://www.bestbuy.com/site/frigidaire-14-8-cu-ft-chest-freezer-white/5948577.p?skuId=5948577
Produce & Bread Displays

Hubert:  

Amazon:  
https://www.amazon.com/gp/product/B07MXCVC3L/ref=ox_sc_act_title_2?smid=A284KXQKJGU9FK&psc=1
Produce & Bread Displays

Webstaurant:

Shop Pop Displays:
https://www.shoppopdisplays.com/P_10754/4-tray-tilt-shelf-display-with-dividers.html?gclid=EAIaIQobChMIpbbH54Df6glVfv7jBx2PaQzPEAQYASABEGkJkPD_BwE
Shopping Carts

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Uline: https://www.uline.com/BL_548/Convenience-Carts?pricode=WY980&AdKeyword=small%20shopping%20carts&AdMatchtype=e&gclid=EAIaIQobChMI9lIqobChMI9lIuS553n4gI5EZJbCh3kjAZ9EAMYASAAEgKD8vD_BwE&gclsrc=aw.ds
Thank you for your participation!

Questions?