ACF Supported Hotlines/Helplines Providing Help for Youth and Families

The Department of Health and Human Services’ Administration for Children and Families has an important role in supporting domestic violence survivors, runaway and homeless youth, and trafficking survivors. The four primary hotlines/helplines supported by ACF are included below and can be referenced on our website.

**Help for Domestic Violence Survivors**

**National Domestic Violence Hotline** is a 24/7 confidential service that supports victims and survivors of domestic violence. The hotline can be reached:
- By phone: 1-800-799-7233 (SAFE)
- By text: text LOVEIS to 22522
- Online chat: [https://www.thehotline.org/](https://www.thehotline.org/) and select “Chat Now”

Highly trained, experienced advocates offer support, crisis intervention information, educational services and referral services in more than 200 languages. The website provides information about domestic violence, online instructional materials, safety planning, and local resources.

**StrongHearts Native Helpline** is a culturally-appropriate domestic violence and dating violence helpline for Native Americans, available every day from 7 a.m. to 10 p.m. CT.
- By phone: 1-844-7NATIVE / 1-844-762-8483

Services include peer support and advocacy; information and education about domestic and dating violence; safety planning; crisis intervention; and referrals to Native or Tribal-based domestic violence service providers.

**Help for Runaway and Homeless Youth**

**National Runaway Safeline** is a 24/7 hotline that serves as the national communication system for runaway and homeless youth (RHY) providing crisis intervention, information and referrals, and other resources. The RHY hotline can be reached:
- By phone: 1-800-RUNAWAY / 1-800-786-2929
- By email: [https://www.1800runaway.org/crisis-online-services/](https://www.1800runaway.org/crisis-online-services/)
- Online chat: [https://www.1800runaway.org/](https://www.1800runaway.org/) and select “Chat Now”
- Forum: [https://bulletinboards.1800runaway.org/forum](https://bulletinboards.1800runaway.org/forum)

**Help for Trafficking Survivors**

**National Human Trafficking Hotline** is a 24/7, confidential, multilingual hotline for victims, survivors, and witnesses of human trafficking. The hotline can be reached:
- By phone: 1-888-373-7888
- By text: text HELP to 233733 (BEFREE)
- By email: [help@humantraffickinghotline.org](mailto:help@humantraffickinghotline.org)
- Online chat: [https://humantraffickinghotline.org/chat](https://humantraffickinghotline.org/chat)

The hotline also has an online Referral Directory made up of anti-trafficking organizations and programs that offer emergency, transitional, or long-term services to victims and survivors of human trafficking.